



## BELFAST

### RESTAURANT WEEK

Monday 7<sup>th</sup> – Saturday 12<sup>th</sup>

October 2024

(Lunch 12PM – 3PM)

## Drink Specials

### £8.50 COCKTAILS

- Spicy Margarita
- Raspberry Collins
- Sherbet Dip
- Cosmopolitan
- Daiquiri –  
(Choice of 3 Flavours)

### £6.00 GLASS OF WINE

- Sauvignon Blanc
- Flutterby Merlot



[www.flamerestaurant.co.uk](http://www.flamerestaurant.co.uk)

T: 028 9033 2121

## SNACKS

<b>DUKKAH SPICED FLATBREAD STICKS</b> With Sriracha Hummus. (2, 10, 12)	<b>£4</b>
<b>HALLOUMI FRIES</b> With Smoked Paprika & Lime Mayo. (2, 4, 7)	<b>£5</b>
<b>BEER BATTERED FRICKLES</b> With Hot Sauce. (2, 14)	<b>£5</b>
<b>SPICED TORTILLA CHIPS</b> With Guacamole. (2)	<b>£4</b>
<b>HAM CROQUETTES</b> With Dijon Mustard Mayo. (2, 4, 7, 9)	<b>£5</b>

## SMALL TASTERS

<b>SOUP OF THE DAY</b>	<b>£ 7.00</b>
Served with Homemade Stout Wheaten. (1, 2, 7)	
<b>SELECTION OF IN-HOUSE BAKED BREADS (V)</b>	<b>£ 8.00</b>
Glenilen Butter, Basil Pesto, Olive Tapenade, Marinated Olives. (2, 7, 10)	
<b>CRISPY COATED CHICKEN WINGS</b>	<b>£ 9.00</b>
Sweet Chilli & Lemongrass Sauce, Asian Slaw, Black Onion Seeds, Garlic & Lime Mayo. (4, 13)	

## £ 10 LUNCH

<b>BEEF BOURGUIGNON COTTAGE PIE</b>	<b>£10.00</b>
Served with Buttered Carrots. (5, 7, 14)	
<b>KATSU CHICKEN SLIDER</b>	<b>£10.00</b>
Asian Slaw, Skinny Fries. (2, 5, 9, 12, 13)	
<b>CREAMY SEAFOOD CHOWDER</b>	<b>£10.00</b>
Guinness Wheaten, Salted Lemon. (2, 5, 7, 9, 14)	
<b>SPICED DAHL</b>	<b>£10.00</b>
Crispy Cauliflower, Mini Naan Bread. (2, 10)	

## SANDWICHES

<b>OPEN PRAWN SANDWICH</b>	<b>£12.00</b>
With Stout Wheaten, Baby Gem Lettuce, Salted Cucumber, Bloody Marie Rose. (2, 3, 4, 7, 9, 14)	
<b>FLAT IRON STEAK SANDWICH</b>	<b>£17.00</b>
Served Pink or Well Done Mustard Mayo, Crispy Onions, Gem Lettuce, Skinny Fries & Pepper Sauce. (2, 4, 7, 9)	
<b>TOASTED REUBEN SANDWICH</b>	<b>£12.00</b>
Sliced Pastrami, Gherkin, Mature Cheddar Cheese, served on Granary Bread with Russian Dressing. (2, 4, 5, 7, 14) - Add Soup - £5.00	

## MAINS

<b>10oz SIRLOIN</b>	<b>£32.00</b>
The most popular cut, tender & great everyday steak, taken from the lower back, best served medium to rare.	
<b>10oz RIBEYE</b>	<b>£32.00</b>
Taken from the cap of the sirloin on the lower back, packed with flavour, best served medium to rare.	
<b>8oz FILLET</b>	<b>£36.00</b>
The most lean & tender cut of the animal, no fat & the healthiest option, best served medium to rare.	
<b>16oz COTE DE BOEUF</b>	<b>£38.00</b>
Cote De Boeuf is the forerib of beef with all the marbling and flavour of the ribeye with the ribcap of fat which renders down for a succulent finish.	

**All served with a choice of Side, Roast Flat cap Mushroom, and a choice of Sauce.**

- Add Blue Cheese - £3.00 (7)
- Add Garlic Prawns - £5.50 (3, 7)



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## MAINS

	SMALL   LARGE
<b>PORTAVOGIE SCAMPI</b> Chunky Chips, Mushy Peas & Tartare Sauce. (2, 3, 4, 5, 7, 9, 12, 14)	<b>£12.00   £18.00</b>
<b>TRADITIONAL BEER BATTERED FISH &amp; CHIPS</b> Mushy Peas, Tartare Sauce. (2, 4, 5, 7, 9, 14)	<b>£18.00</b>
<b>CHICKEN CAESAR SALAD</b> Roast Bacon Lardons, Herb Croutons, Poached Egg. (2, 4, 5, 7, 9)	<b>£12.00   £16.00</b>
<b>FLAME GRILLED 6oz BURGER &amp; CHIPS</b> Gem Lettuce, Beef Tomato, Sliced Gherkin, Mature Cheddar Cheese, Black Garlic Mayo. (2, 4, 7, 14) - Add On: Streaky Bacon - £2.00	<b>£16.00</b>
<b>PREMIUM 8oz WAGYU BURGER &amp; CHIPS</b> Gem Lettuce, Beef Tomato, Sliced Gherkin, Monterey Jack Cheddar, Sriracha Mayo. (2, 4, 7, 12, 14) - Add On: Streaky Bacon - £2.00	<b>£22.00</b>
<b>SMOKED BACON CARBONARA</b> Rigatoni, Aged Parmesan. (2, 4, 7, 14)	<b>£12.00   £17.00</b>

## SIDE ORDERS

### £5.00 Sides

- Triple Cooked Chips
- Skinny Fries
- Sweet Potato Fries
- Beer Battered Onion Rings (2)
- Honey & Rosemary Roast Parsnips, Gremolata. (2, 7)
- Kale with Smoked Butter & Chestnuts (7, 10)

### £5.50 Sides

- Truffle & Parmesan Skinny Fries (4, 7)
- Buttered Mash / Champ (7)
- House Salad with Romaine Lettuce, Pickled Carrots, Salted - Cucumber and Sundried Tomatoes (14)

## SAUCES - £2

- Pepper Sauce (7, 14)
- Veal Jus (14)
- Garlic Butter (7)
- Chimichurri (14)



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VG – Vegan

V – Vegetarian

**Please note:** Some dishes may be possible to do in a Vegetarian or Vegan style. Please consult your server for any queries.

**Allergy Key** – 1-Celery, 2-Gluten/Wheat, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Dairy, 8-Molluscs, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Sesame Seeds, 13-Soya, 14-Sulphur Dioxide.

**Please note:** We cannot guarantee that any dish is completely free from allergens, please inform your server of any allergies.

**Please note:** Our staff share in our belief that a tip is to be earned and not expected, therefore our prices do not include a service charge; our only exception is for parties of 6 or more.